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Bangalore Mirror

TEMP Max 29 | Min 20 | Humidity 64% Fog or Mist would occur in early morning Sensex 80,378 | Nifty 24,484 | Gold 80,350 | Silver 96,000 | Dollar 84.28 | Euro 90.62 | GBP 108.28

Web design

CITY PAGE 2

Students to get equipped in cyber hygiene, will be trained to tackle deepfakes, understand more about types of dangers online

Homes at risk

CITY PAGE 5

New ownership claims cast shadow of gloom over families that have been living for generations in Binnamangala

After killing of 15-year-old domestic worker, activists point to lacunae in addressing issues of minors being hired as domestic help and lack of will to pull them out of drastic situations

YOUNG & HELPLESS

Citizens not interested in reporting instances of child labour to helpline

Rachana Ramesh
c-rachana.ramesh
@timesofindia.com

TWEETS @BangaloreMIRROR

A married couple employed at an IT company in Bengaluru was apprehended by authorities last Tuesday for the killing of a 15-year-old girl, who served as their domestic worker. The couple had concealed the victim's body in a suitcase before abandoning it beneath a bridge near Sankari in Salem district. The incident has once again brought to light the gruesome practice of employing children as domestic workers, with activists and concerned citizens calling for strict action against those found guilty.

The couple is accused of having struck the girl on the head multiple times with a rolling pin after discovering she had consumed food meant for their five-year-old son. According to Sankari sub-division DSP S Raja, the victim, who hails from Rajasthan, remained at their house without medical attention. She succumbed to her injuries the following day. The couple then bought a suitcase to conceal the body. They transported it by car to Sankari, disposing of it under a bridge at Vaikuntam on the night of September 28, Raja explained. Local residents notified authorities about an abandoned suitcase on September 29, leading to the discovery of the deceased girl.

"Our enquiries revealed that the suitcase was bought by a man from a Bengaluru shop on September 27," stated the DSP. After establishing the Bengaluru connection, authorities examined CCTV recordings from toll plazas between Hosur and Sankari, identifying a vehicle that terminated its journey at Sankari. Upon contacting the current owner of the vehicle, authorities learned that a Bengaluru couple had sold it to him recently. Further investigation identified them as IT company employees. When police attempted contact, their mobile phones were unreachable, following which law enforcement travelled to Odisha

> **"Society has begun to lean towards the belief that the children have been rescued from financial hardships and is actively shying away from recognising the grim reality of them being used for domestic work**
> — Nagasimha G Rao, Child Rights Trust

CONTINUED ON PAGE 8 »

Trapped in a metal chokehold

BBMP forgets to remove guards installed around saplings even after they become fully-grown trees

Garima Prasher
garima.prasher@timesofindia.com

TWEETS @BangaloreMIRROR

Bengaluru's street trees are facing a unique challenge.
The cylindrical metal tree guards, once installed around saplings for protection, are now suffocating them. Hundreds of fully grown trees across the city still have outgrown these metals guards years ago and these protecting coverings are now choking the trees.

For instance, all the trees on Byrasandra Main Road in Jayanagar can be seen with unwanted metal guards. On the 500-metre stretch, one could identify nearly 10 trees with the metal guards. The trees have matured, growing into the metal.

"It seems like a lack of maintenance by BBMP. While the guards are important during sapling phase, they should be removed once the saplings have attained a certain height and girth. However, many

CONTINUED ON PAGE 4 »

3 THINGS TO DO

01 Day out with dogs

Get ready for a fun-filled day dedicated to our beloved four-legged companions as 'Pet-a-Thon' is back in the city. From fashion shows, fun games like the obstacle course, musical chairs, 'walk of distraction, etc to pet grooming sessions, health check-ups, training tips, and much more, the event is designed for both pets and owners to bond, celebrate, and create lasting memories. Don't miss the chance to meet dogs looking for a new home through the Second Chance Sanctuary's adoption drive!. **Where: Therpup Resorts-Sarjapur Road; When: November 10, 11 am to 6 pm**

02 Jayamahal park festival

Join in for a day filled with engaging activities, entertainment, and meaningful community interaction with the 15th edition of "Hubba in Your Park." The event will feature a reading session in collaboration with Cubbon Reads, guided nature walks, a Yakshagana workshop, a fun crafts workshop for kids, and an energetic Zumba session. Participants can also enjoy an enchanting open-air concert featuring Drive the Band, promising an unforgettable evening of music and ambiance. Entry is free.
Where: Jayamahal Park, Jayamahal
When: November 10, 4 pm to 8 pm onwards

03 Metalheads gathering

Dive in for an unrelenting night of metal as 'Return to Slaughter Fest,' India's premier underground event dedicated to extreme and heavy metal culture is back after a five-year hiatus, showcasing a powerful lineup including Impiety (Singapore), Genocide Shrines (Sri Lanka), Dying Embrace (Bengaluru), Hell Hordes (Kochi), and more. Over the years, this fest has grown into an unmissable gathering spotlighting the country's underground metal scene and promoting acts from South Asia and beyond. **Where: No Limmits Lounge & Club, Ashok Nagar; When: November 9**

Students...are you ready to outsmart cybercriminals?

UGC's handbook on cyber hygiene aims to help students tackle deepfakes, teach types of cyber attacks, strengthen one's cybersecurity

Sridhar Vivan
sridhar.vivan
@timesofindia.com
TWEETS @sridharvMirror

'Cyberattacks are on the rise, and HEIs are increasingly becoming their targets. This handbook will provide HEIs with the information and resources they need to protect themselves from these threats'

Educational institutions are increasingly addressing the importance of cybersecurity, with students now being educated not only on basic hygiene but also on cyber hygiene. Aimed at strengthening the cybersecurity measures within higher education institutions (HEIs), the University Grants Commission (UGC) has launched a comprehensive handbook on cyber hygiene.

Developed by a committee of cybersecurity experts, the handbook aims to help institutions protect their students, faculty, and staff from growing cyber threats. UGC Chairman Professor M Jagadesh Kumar said, "Cyberattacks are on the rise, and HEIs are increasingly becoming targets. This handbook will provide HEIs with the information and resources they need to protect themselves from these threats."

Cyber traps

The handbook also sheds light on why individuals fall prey to cybercrimes. The biggest misconception, according to experts, is that one can never be hacked. Victims often fall for scams posed as legitimate emails from coworkers or family members, asking for sensitive information like passwords and credit card details. Cyber attackers spend months researching their targets and create a sense of urgency to deceive victims into revealing personal information.

The UGC officials said that social engineering, a method where attackers manipulate individuals into revealing sensitive information, is highlighted as a major cybersecurity risk. Common tactics include phishing via email or SMS, baiting with free offers, or using scareware to trick individuals into opening malicious files or clicking harmful links. The use of tools such as Maltego and the Social Engineering Toolkit (SET) allows hackers to execute these psychological tricks, making it difficult for targets to recognise the danger.

Rise of deepfakes and their risks

Deepfakes, which use artificial intelligence to create hyper-realistic audio, video, or image manipulations, are becoming a serious concern. These technologies are used to spread misinformation or defraud individuals. The danger of deepfakes lies in their ability to be indistinguishable from genuine communications, making them a potent tool for cybercriminals.

"Impersonation and spoofing techniques are used to steal credentials and fraudulently gain access to personal or organisational information. Cybercriminals often fake the identity of a trusted individual or organisation to harvest sensitive data, spread malware, or commit fraud. Morphing is a growing concern, particularly for individuals whose images are used without consent. Often, women are targeted in these attacks, where their photos are morphed and used for blackmail or harassment. This manipulation can now also involve deepfake technology, resulting in fabricated videos to further deceive and harm victims," the handbook said.

Man-in-the-Middle attacks

UGC has told students that Man-in-the-Middle (MITM) attacks occur when cybercriminals intercept and manipulate communication between two parties, often without either party realising it. "These attacks allow the perpetrator to eavesdrop on conversations, steal credentials, or alter messages, posing significant risks to both individuals and organisations. Attackers can impersonate one of the communicating parties to further deceive or disrupt interactions," an official added.

Get set for Vijay Karnataka Kannada Habba this weekend

Get ready for a cultural extravaganza at the VK-Kannada Habba this weekend! This year the festival is set to make a mark with a variety of entertainment and engaging events. In collaboration with Bengaluru Central University, Vijay Karnataka is organising a two-day celebration on Saturday and Sunday at the Jnana Jyothi Auditorium, with art and literature programmes.

The Kannada Habba is designed to bring together people from all walks of life. From children to elders, the festival promises to be a celebration for all ages. The festival will officially open on Saturday at 10:30 AM. The event will also feature a special Literature Forum, led by renowned writer Vasudhendra and actress Shwetha Shrivastava, who will kick off the book fair. There will be a wide selection of books available for readers, and literary discussions will take place throughout both days.

Visitors will also have access to information about the British Council Library at the venue. A QR code will be displayed, allowing attendees to scan it with their mobile phones for detailed information about the library and its resources.

Additionally, Mallakamba, Tiger dance, and a special play, Mukhyamantri, will be showcased during the festival. The festival will also host the Kannada Keli program, where eminent officials and celebrities who have learnt Kannada and risen to high positions in various fields will share their experiences.

The event is open to everyone, with free entry for both Kannadigas and non-Kannadigas. If you're coming by your own vehicle, parking is also free. There is plenty of space for cars and bikes. Whether arriving by metro or bus, the venue is well-connected and easily accessible from various parts of the city. Come and experience the vibrant celebration of Kannada culture at the Vijay Karnataka Kannada Festival!— **Prakash VL**

Here's a brief look into Kannada Habba
The two-day festival will have a book fair, food fair, information on British Council Library, Hulivesha dance, Yakshagana, and more, including "Badal Prapancha"—wall art and creative games with children, a fashion show and dance performance by students from BCU, a magic show by Kudroli Ganesh, Yakshagana performance "Mahishasura Mardini" by Yaksha Dhruva Patla Satish Shetty, music evening by Vasu Dixit and Chandan Shetty, art exhibitions by Kottigadde Ravi, and special performances by Prabhat Arts International Dance Team. **Where: Jnana Jyothi Auditorium, Central College Campus, Near Mysore Bank, When: November 9–10, 9 am to 9 pm**

Marital disputes go horribly awry

Drunk man stabs, kills wife and attempts suicide; man accuses estranged wife of threats, trespass

Sanjana CS
c-sanjana.s@timesofindia.com
TWEETS @BangaloreMIRROR

A quiet evening at Kullappa Garden under JB Nagar police station limits turned into a nightmare on Tuesday around 9.20 pm, when a 30-year-old vegetable seller and part-time construction worker fatally attacked his wife, Sangeetha. Sangeetha, the mother of a three-year-old son, had arrived with her husband at a relative's house.

The accused, who was intoxicated, launched an attack on Sangeetha, stabbing her with a knife in full view of stunned onlookers. Following the violent act, he attempted to take his own life, slitting his throat with the same knife in an apparent suicide attempt. The accused was swiftly taken to a nearby hospital, where doctors managed to stabilise his condition. After receiving necessary medical treatment, he was arrested by the JB Nagar police.

While the case is still under investigation, initial findings reveal deep-seated issues of jealousy and control. Police officials disclosed that the accused reportedly did not want Sangeetha interacting with others, and that he has a history of aggressive behaviour under the influence of alcohol. Disturbingly, officials also revealed that he once attempted to throw their three-year-old child from a building in a previous outburst.

Man stabs wife in front of onlookers as he was unhappy with her talking to other persons, then uses same knife to try and kill himself

Man accuses wife of criminal activity, seeks protection

A man has written to the Commissioner, accusing his wife, her associates and other unknown rowdy elements accusing them of criminal trespass, threatening, unlawful activities such as extortion, land grabbing and contract killing.

According to the complaint, the man has been embroiled in marital disputes with his wife since 2016, which has led to multiple court cases. He claims ownership of several properties, one of which Sini resides in, though she now asserts the properties belong to her. Despite a pending court order granting her possession, on November 1, around 11.30 am, the woman, accompanied by her associate, police officers, and around 20 others, allegedly trespassed onto his property with a dangerous Rottweiler in a van.

The complainant accuses Sini and her associates of intimidation and conspiracy, alleging that Gopi is linked to local crime syndicates involved in land grabbing and extortion. The group reportedly created public disturbances which included excessive drinking, harassed tenants, tampered with security cameras, and threatened to harm him, while also attempting to sell valuable property materials.

The situation reportedly escalated further on November 2 around 1.45 pm. The complainant claims that his wife's associate, two police officers, and another person, who identified himself as a relative of an MLA and Minister, created a disturbance outside his property. The MLA's relative allegedly expressed interest in buying the property on behalf of the MLA and issued death threats. The complainant further alleged that two police officers present at the scene then escorted him to Hennur Police Station, where he was allegedly coerced into signing documents and threatened with charges under the Arms Act.

Additionally, the man accuses his wife of openly threatening his life, claiming she is collaborating with individuals involved in organised crime. He has requested that the authorities provide him with protection and conduct a thorough investigation.

Traffic advisory: White topping begins on JC Road

The Traffic Police have announced that BBMP will begin white topping work on JC Road, between Nala Road Junction and Town Hall Junction, starting Thursday. To facilitate the work, there will be partial road closures, resulting in slow-moving traffic on JC Road. For smoother travel, alternative routes have been provided. Vehicles traveling from Hosur Road via JC Road towards Majestic and Bengaluru North can take a right turn at the Lalbagh main entrance, continuing through KH Road, Shantinagar, and Richmond RRMR Road to reach Hudson Junction. Vehicles traveling from South End Circle to Majestic or Bengaluru North can turn left at Minerva Circle and proceed via Lalbagh Port Road and KR Road to reach KR Market, then follow SJP Road to Town Hall. Parking on JC Road is prohibited. —BMB

BMTC bus driver dies of heart attack on duty

Alert conductor manages to bring bus to safe stop, averting disaster

A Bangalore Metropolitan Transport Corporation (BMTC) driver from Depot 40 passed away from a sudden heart attack while driving his bus on Wednesday. The deceased identified as Kiran Kumar (40) was operating the bus en route from Nelamangala to Dasanapura when he collapsed at the wheel.

Acting quickly, the bus conductor, Obalesh, managed to bring the vehicle to a safe stop. Following the incident, Obalesh immediately transported Kumar to VP Magnus Hospital, where doctors declared him brought dead, citing a heart attack as the cause.

The Nelamangala police have registered a case of unnatural death. —BMB

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THE TIMES OF INDIA
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Mahisha Vadhe Yakshagana performance led by Yakshadhruva Patla Satish Shetty.
Food Stalls & Flea market to enthrall you
A conversation with the renowned writer Vasudhendra & actress Shweta Srivatsav
This Saturday & Sunday November 9th & 10th mark your calendars Time: 9AM to 9PM
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ADVAITH HYUNDAI

New Green line Metro extension begins today

Green Line extension from Nagasandra to Madavara opens, adding 3.14 km to city's metro network and three stations, benefiting 44,000 more passengers daily

| Bangalore Mirror Bureau
mybangaloremirror
@timesofindia.com

TWEETS @BangaloreMIRROR

Bowing to public demand, Bangalore Metro Rail Corporation Limited (BMRCL) has announced that the Green Line extension from Nagasandra to Madavara will be operational starting Thursday. Every day, the first train from Madavara will depart at 5 am, with the last train of the day leaving at 11 pm. Trains on this section will operate every 10 minutes, while schedules on other parts of the Green Line will remain unchanged. Fares for this section range from Rs 10 to Rs 60. Now, Bengaluru's metro network will span 76.95 kilometres across 69 stations. The North-South Green Line will extend to 33.46 kilometres with 31 stations, while the East-West Purple Line will reach 43.49 kilometres with 38 stations, further enhancing the city's metro connectivity. On Wednesday, Deputy Chief Minister DK Shivakumar and Bengaluru South MP Tejasvi Surya took a test ride on the extended Green Line, travelling from Yeshwanthpur to Madavara (Bengaluru International and Exhibition Centre). Their visit underscored the importance of this extension in easing transportation to the exhibition centre and surrounding areas.

Bangalore Mirror
Nagasandra-Madavara Metro extension ready, awaits govt nod

BM report on Nov 6 highlighted the delay in commencement of metro operations

Details of the new elevated corridor

The new elevated corridor, part of Phase 2, stretches 3.14 kilometres from Nagasandra to Madavara (BIEC). The route includes three new stations: Manjunathanagar, Chikkabidarakallu, and Madavara (BIEC). Completed at a total cost of Rs 1,168 crore, including Rs 152 crore for land acquisition, this segment is the final extension of Phase 1 under Phase 2 of the metro project. Running parallel to the National Highway and crossing the NICE Road at two points, this extension improves metro access to the BIEC, residential areas, and nearby towns. Commuters are expected to save up to 30% in travel time with the new connectivity. This extension is estimated to benefit an additional 44,000 passengers daily.

> **"B'luru's metro boasts highest ridership levels in India. With 76.95 kilometres of metro routes, we serve more daily commuters**
> – DK Shivakumar, DyCM

175 km of new metro routes by 2026

DyCM DK Shivakumar outlined plans to expand Bengaluru's metro network to 175 kilometres by 2026. "Approximately 30 kilometres will be available by 2025, and 175 kilometres by 2026," he said, noting that the expansion will include 21 new trains at an investment of ₹1,130 crore, with procurement in progress to ensure early availability.

Shivakumar highlighted the construction of a pedestrian overpass at Manjunathanagar Station and collaboration with Indian Railways at Yeshwanthpur Station to enhance commuter convenience. Additionally, underpasses are planned near Chikkabidarakallu and Madavara stations in collaboration with the National Highways Authority of India (NHAI). Commuters travelling to Bengaluru from Tumakuru Road can now park at the International Exhibition Ground for a smoother city commute.

The extension is expected to save 30% travel time and benefit 44,000 more passengers daily

Highest metro ridership in India

"Bengaluru's metro boasts one of the highest ridership levels in India, surpassing cities like Delhi and Mumbai. With 76.95 kilometres of metro routes, we serve more daily commuters than other major metros, proving the effectiveness of our network for Bengaluru's residents," Shivakumar noted.

Protest

On Wednesday morning, residents of Srikantapura attempted to enter the newly constructed Metro stations, claiming that BMRCL had not addressed their demands. The residents had previously protested when the Metro extension was announced, outlining several requests. On Wednesday, they raised concerns over unmet demands.

Regular upkeep needed to ensure better growth of trees

CONTINUED FROM PAGE 1

mature avenue trees across the city are still with the steel guards choking them," said Janet SK Yegneswaran, a senior citizen.

In 2019, Bruhat Bengaluru Mahanagara Palike (BBMP) launched 'Free the Tree' campaign. Many activities and non-profit organisations had joined hands with the civic body then to cut open the unwanted metal guards from hundreds of trees across the city. However, the ad hoc measures lacked consistency and could not achieve the desired result.

Avenue trees on Suranjan Das Road in Indiranagar are also in a similar situation.

"Many trees on the median on Suranjan Das Road still have metal grates. Some of the trees are growing into the metal. Although BBMP has recently marked the trees under the ongoing tree census, the guards have not been removed," said a resident of Indiranagar.

Citizens also highlight that while the metal guards are meant to protect vulnerable plants from damage due to vehicle movements, cattle-grazing and such, the majority of the tree guards across the city are being used by people to throw plastic bottles, paper cups, and all kinds of garbage.

Too much stress

City-based tree activists say that to ensure the upkeep and healthy growth of trees, they should be freed of metal guards and concrete poured up to their trunks. The majority of the avenue trees in the city are undergoing extreme stress after sustaining damage to roots and branches due to lack of maintenance and negligence.

"BBMP is notorious for mistreating street trees despite concerned citizens bringing these issues to their notice time and again. Even a cursory glance at Bengaluru roads will reveal that many trees are on the verge of being choked by metal guards and concrete. Trees on Nandi Durga Road, Lavelle Road, etc are engulfed in concrete around their bases," said a city-based tree expert.

When BM tried to contact officials from BBMP's Forest Department, they refused to comment on the issue.

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Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Pathway blocked

Old Madras Road

Seized vehicles at Medahalli, Old Madras Road, are continuously parked outside the RTO office, obstructing pedestrian pathways and leaving no space to walk.

Traffic woes

Kalyan Nagar

Challakere Main Road in Kalyan Nagar faces daily traffic congestion, causing inconvenience for commuters.

Slab danger

HAL Road

A broken slab on HAL-Marathahalli Road poses a potential danger to the public and requires urgent repair attention.

Woman faces violence for feeding strays

Iffath Fathima
iffath.fathima@timesofindia.com
TWEETS @BangaloreMirror

Annie George, a community animal feeder, reports harassment and assault on November 5 while feeding stray dogs in Gururaja Layout, 6th Cross, within the HAL jurisdiction. George, who has been providing food and medical care to stray animals in the area, alleges that residents attacked her, damaged her belongings and that the police response was insufficient.

Annie George, who relocated from Gururaja Layout to Basavanagar in August, continues to return daily to feed the dogs she has cared for over the years. On the night of the incident, George was approached by a man who, she alleges, verbally threatened her, damaged her phone, and took her bike. According to George, the man became aggressive, wielding a stick and shouting, which led other residents to join in confronting her.

"I feed dogs in Gururaja Layout. I used to stay there for 10 years. In August, I moved to Basavanagar, but every night at 9:30, I bring food to feed them. Some families hold a personal grievance against me," George explained. "When I went to feed them, a man began verbally threatening me. He seized my bike, damaged my phone, and picked up a stick. The residents of the neighbourhood came and started fighting with me."

George says she repeatedly called the Hoysala police helpline, hoping officers would arrive to ensure her safety, but they failed to arrive until well past 11 pm, leaving her without protection for over an hour. Disturbed by the incident, she went to the HAL police station to file a complaint but was told the system was down and no action could be taken that night. When she returned the following day, she said her FIR was filed only late in the afternoon and without including the names of the accused. "I want the police to include all their names in the complaint," she stated.

The incident has drawn concern from animal welfare advocates, including Tarun Agarwal, President of SAS Karnataka's Anti-Cruelty Cell. "This incident not only jeopardises the safety of a law-abiding, compassionate citizen but also highlights a serious lapse in duty and procedural response by the police. The attack on her, compounded by the lack of police response, underscores the urgent need for stronger protection for those selflessly caring for street animals," Agarwal said.

Agarwal also called on authorities to ensure swift Hoysala response to such incidents, stating, "The police should ensure Hoysala units are dispatched when cases like this arise, protecting against threats or hindrances to feeding community dogs."

File image of stray dogs

Century-old homes at risk in Binnamangala

Locals of Binnamangala face uncertainty as new ownership claims threaten their properties

Y Maheswara Reddy
c-y.reddy@timesofindia.com
TWEETS @BangaloreMIRROR

Sixty-six-year-old Krishnaveni was born and raised in Binnamangala near Indiranagar in East Bengaluru. She has lived without issues in her grandmother's home for more than six decades. However, her future in the modest dwelling is uncertain, as some individuals have come forward claiming ownership of the entire Binnamangala land.

"I have been residing here since childhood. My mother told me that she got the house from my grandmother. My mother gave me this house. We have been paying property tax to the BBMP (Bruhat Bengaluru Mahanagara Palike). We have water and electricity. Now, some people have filed cases stating that we have encroached on their land," said Krishnaveni.

The story of 85-year-old Ameer Jan is the same. His father Baba Jan, a farrier, bought the land more than nine decades ago. "Some people are making false claims on Binnamangala. They have filed a petition in the court. We do not have the resources to fight the case in court. We have been paying the property tax to the BBMP all these years and to Bangalore City Corporation before BBMP came into existence," said Ameer Jan.

Ameer Jan explained that in October 1961, the Special Land Acquisition Officer of the City Improvement Trust Board issued a notice (No 57/60.61, Survey No 134) to his father regarding the acquisition of their property. However, his father declined the compensation offered, and ultimately, the acquisition proposal was cancelled.

Binnamangala is home to around 80 families, most of whom belong to lower-middle and economically weaker sections. Over the years, all eligible voters, approximately 1,280 in total, have consistently participated in elections.

Buildings constructed in Binnamangala many years ago are now facing uncertainty

"How come the Special Land Acquisition Officer issued notices to all the property owners along with the petitioner if he is the absolute owner of the entire land? –Resident

Residents stated that the petitioner is merely one of the residents of Binnamangala and is not the sole owner of the entire land. They added that the Special Land Acquisition Officer of the City Improvement Trust Board had also issued a notice (No 57/60.61, Survey No 134) to the petitioner. "How come the Special Land Acquisition Officer issued notices to all the property owners along with the petitioner if he is the absolute owner of the entire land?" asks a resident.

N Raju, a resident, has produced a copy of the property tax for the years 1978-79. Bangalore City Corporation (BCC) collected Rs 81.75 from Raju towards the property tax.

Balakrishna, one of the property owners, said that his ancestors fled to Binnamangala due to the spread of cholera in the year 1909. "They purchased the property at Binnamangala for valuable consideration. The land acquisition case (No 57/1960-61 for the formation of the layout in Binnamangala along Old Madras Road was dropped as the City Corporation engineer stated in his letter dated 29-8-1964 that there are eight assessed houses, 19 un-assessed and 14 huts in the said land. It is quite shocking to see some people claiming ownership of the land where many people have been residing for many years," said Balakrishna.

Jagadish seeks police protection

Bigg Boss Kannada Season 11 contestant and lawyer, Jagadish, has filed a complaint at the Kodigehalli police station alleging that he received 1000 multiple threat calls from fans of actor Darshan Thoogudeepa. The complaint was filed on Tuesday, and the police have registered a Non-Cognizable Report (NCR) case based on Jagadish's claims.

Jagadish's complaint reportedly stems from his remarks against Darshan, which appear to have sparked the ire of the actor's supporters. According to the lawyer, he had been receiving threatening phone calls from various numbers linked to Darshan's fans. In his complaint, Jagadish has asked for police protection and has provided the mobile numbers from which the calls originated. The police are currently investigating the call details.

Darshan Thoogudeepa, who is embroiled in a murder case, has recently secured interim bail on medical emergency grounds.

BBMP trucks rams pedestrians, 1 killed

A 23-year-old software engineer was killed, and his friend was critically injured after being hit by a speeding BBMP garbage truck near ITPL Main Road on Wednesday morning. The incident occurred within the jurisdiction of the HAL Airport Traffic Police Station.

The deceased, identified as Anil Ayappa, a resident of Kondanahalli and a native of Maharashtra, was returning home with his friend, Rohith Kumar Sharma, after meeting friends. The two were knocked down by the garbage truck while crossing the road. Passersby immediately rushed them to a nearby hospital, where Ayappa was declared dead on arrival. Sharma is receiving treatment at a private hospital and is said to be in stable condition. The police have registered a case based on Sharma's statement and arrested the driver of the garbage truck.

3 jumbo deaths in 3 days; Activists call out fatal errors

1 tusker dies while trying to cross illegally wired trench, other steps on live wire; lack of awareness, illegal power tapping, insufficient barricades said to be reasons behind mishaps

Garima Prasher
garima.prasher
@timesofindia.com

TWEETS @BangaloreMIRROR

While a young tusker was found dead in a ditch near Ayanur in Shivamogga on Tuesday, two elephant deaths were reported from BRT Tiger Reserve on Monday, one of which was electrocuted in Cauvery Wildlife Sanctuary.

According to Karnataka Forest Department (KFD) officials, the tusker electrocuted near Ayanur died while trying to cross an elephant-proof trench (EPT) to enter an agricultural field with maize crops. "It appears that the elephant caught a live wire while grabbing maize crops. The farmer had secured his land through illegal power tapping, leading to the electrocution of the elephant. The electrical inspector is verifying details," said Prasanna Krishna Patagar, Deputy Conservator of Forests (Wildlife Division) in Shivamogga. The forest department filed a police complaint.

According to wildlife activists and conservationists in these areas, the number of elephants dying due to unnatural causes has increased. Lack of awareness among villagers, rampant illegal tapping of power from overhead lines, and insufficient barricades causing elephants to stray out of forests are the primary reasons behind these accidents.

The electrocution of the tusker in Cauvery Wildlife Sanctuary was reportedly due to a live wire on the ground that was being used to power a water pump. Wildlife activists say the incident points to a lack of on-

There's a rise in elephants dying due to unnatural causes; (inset) officials examine lifeless jumbo

foot surveillance by the forest department and electricity supply companies. "Electric wires in areas abutting forests should not be sagging, let alone a live wire on the ground. The number of elephants dying due to electrocution is on the rise, and it is a worrying trend. More often than not, the department has also been producing false reports of natural deaths. These incidents are not being documented honestly," said Joseph Hoover, former State Board of Wildlife member and founder of the United Conservation Movement and Charitable Trust.

According to Akhilesh Chipli, a wildlife activist, the tusker's death near Ayanur is a classic case of the forest department's 'wild elephant driving' operation gone wrong. Chipli alleges that the 18-year-old tusker was part of a herd that was being driven away by the forest department. When the elephants tried to enter the agricultural fields in Ayanur, farmers started an agitation against the department, which led to the operation to drive the herd away from Shettihalli Wildlife Sanctuary to Bhadra Wildlife Sanctuary. In the process, the young elephant got separated from the herd.

Chipli says he approached the Karnataka Forest Minister, highlighting that driving elephant herds from one sanctuary to another is a clear violation of the Wildlife Protection Act (1972). "The operation to drive these wild elephants started nearly a week ago. Only after we approached the Minister, the department stopped the operation. We were worried the elephants would get caught in the Tunga River and get washed away during the drive," said Chipli.

Human-elephant conflict on rise

Experts say human-elephant conflict cases are on the rise in Shivamogga, and it is a big cause for concern. "Shivamogga was not a high conflict zone up until a couple of years ago. However, conflict cases are being reported from the region, and thus physical barriers should be strengthened in the area. Driving operation is the last resort that the department avails. The idea should be to contain the elephants inside forests. To ensure this, barrier assessment has to be conducted in the region," said Ramesh Belagere, a wildlife researcher at the Foundation of Ecology and Education Development.

KFD officials told BM that the wild elephants in the area are just being driven away from the fields to minimise conflicts.

"We are just ensuring that the elephants do not raid agricultural fields. While this region is not known for elephant-human conflict cases in the past, poor rainfall last year led to some wild elephants entering the area from Bhadra Wildlife Sanctuary. Although barricades have been installed in some parts and elephant-proof trenches have been created, there will always be some gaps. We have been telling villagers not to tap illegal power and spreading awareness about the issue through street plays. Our staff is also conducting night patrols regularly," said Patagar.

Find flavours of diversity at baking carnival

Iffath Fathima
iffath.fathima@timesofindia.com

TWEETS @BangaloreMirror

In a tribute to National Children's Day, Linguaphile Skills Hub is carrying out "Rise Together—Where Every Bake Has a Story," an inclusive culinary carnival that showcases the baking talent of neurodivergent students from various communities and centres, each of whom will bring unique culinary creations to their own bake stalls.

Slated to be held on Saturday at the Airlines Hotel, the event is designed to promote inclusivity, skill-building, and community engagement and promises visitors an opportunity to experience a blend of delicious treats and inspiring stories. "Rise Together is more than an event; it's a celebration of each child's journey, showcasing their abilities and resilience through the medium of baking. We believe every child has a story to tell, and these bakes represent that beautifully," said Priyank Sukanand, Head of the Department of Food Science at Linguaphile Skills Hub.

With approximately 20 students participating, this event not only highlights their baking talents but also encourages them to engage with the public, fostering confidence and pride. The carnival provides a platform where these students can connect with the community, gaining communication, organisational, and entrepreneurial skills in the process. "Neurodivergent students are individuals who have unique cognitive patterns, including conditions like autism, ADHD, and dyslexia. They learn and perceive the world differently, often showing incredible attention to detail, creativity, and resilience in their approaches. While their learning pace or style may vary from traditional methods, they bring a distinctive set of strengths

The inclusive culinary carnival showcases the baking talent of neurodivergent students

that can be nurtured in a supportive environment," says Priscila Bathru, SENCO-Second in Charge, as well as a subject teacher for both mathematics and science.

This carnival marks a significant milestone in Linguaphile Skills Hub's mission to create opportunities that celebrate individual strengths. "Our Food Science curriculum emphasises not only the techniques of baking but also fosters an understanding of teamwork, planning, and personal responsibility," Sukanand added.

Students participating in Rise Together have been trained in various aspects of baking, as well as in customer interaction, sales, and event management, giving them a well-rounded, empowering experience. Alongside students from Linguaphile, two centres that work with neurodivergent children, Anantha Academy and Ishanya India Foundation, will also participate. The proceeds from the event will be reinvested in resources and activities to further support their vocational learning.

MUDA case: Siddaramaiah questioned by Lokayukta police

Chief Minister Siddaramaiah on Wednesday appeared for questioning before the Lokayukta Superintendent of Police, TJ Udesh, regarding the MUDA land allotment case. Siddaramaiah, who has been named as accused number one in the FIR filed by the Lokayukta police, is facing allegations of illegalities in the allotment of 14 sites to his wife, Parvathi BM, by the Mysuru Urban Development Authority (MUDA). The questioning lasted for about two hours, with the CM asserting that he answered all questions truthfully.

CM denies wrongdoing

Speaking to reporters after the questioning, Siddaramaiah denied any wrongdoing, stating that the entire process was legal. He criticised the BJP and JD(S) for making false allegations against him. He further emphasised that no black mark would remain on his image unless the court decides otherwise. The CM also reiterated that the investigation was ongoing and he would respond to the allegations in court and to the police.

Chief Minister Siddaramaiah leaving the Lokayukta office post-questioning on Wednesday

BJP challenges probe

Meanwhile, the BJP ridiculed the questioning of Siddaramaiah by the Lokayukta police, calling it a "stage-managed" process. BJP senior leader and former Chief Minister BS Yediyurappa accused Siddaramaiah of orchestrating the questioning to appear clean. The BJP also challenged the CM to hand over the case to the Central Bureau of Investigation (CBI) if he was truly honest, claiming that the Lokayukta could not handle the investigation impartially.

Response to allegations

Siddaramaiah also responded to the opposition's demand for a CBI probe, questioning the BJP's stance, given that the party had not handed over any cases to the CBI during their time in power. He defended the Lokayukta as an independent agency and dismissed claims that the probe was pre-planned to favour him. Additionally, he clarified that the 14 sites were not returned as an admission of wrongdoing, but because of the false allegations made against him.

The CM further stated that he would continue to fight the case with the help of his legal team. He acknowledged that such inquiries were a part of public life when false allegations were made but remained confident that the truth would prevail in court. — BMB

Can't reinstate worker if case involves theft

HC overturns tribunal order to take hotel staffer back after he was caught stealing oil

Bangalore Mirror Bureau
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The Karnataka High Court has ruled that labour courts cannot order reinstatement of workers solely on sympathetic grounds, particularly in cases involving serious theft allegations.

Justice KS Hemalekha, presiding over a single judge bench, delivered this verdict whilst accepting a petition from The Taj West End Hotel, overturning the tribunal's previous directive for reinstatement and back wages payment to K Venkatesh. In 2015, the hotel's disciplinary authority issued a chargesheet to the employee, who worked in the kitchen, after he was discovered carrying an unauthorised pouch of cooking oil after his shift.

The employee's defence stated that when security personnel discovered the oil sachet in his vehicle's pouch, he was caught off guard and attempted to retrieve it, resulting in the sachet breaking during the struggle.

Subsequently, the Disciplinary Authority reviewed the enquiry report and available evidence before issuing a dismissal order, which was later successfully challenged in the labour court.

The hotel argued that proven theft misconduct warranted dismissal exclusively.

They maintained that in theft cases, the labour court should not have interfered with the disciplinary authority's punishment decision.

The employee's counsel argued that the Labour Court correctly determined the punishment was disproportionate to the alleged misconduct and its severity.

Upon examining the records, the court observed that the Labour Court's contested award failed to consider the employee's explanation to the chargesheet.

The court stated, "The present case, the case is of misappropriation, theft, where the charges are serious in nature. The act of theft/misappropriation once proved, either it be a small or large or a small thing, the question is mistrust by the employer, wherein in such cases, it is uncalled for by way of sympathy to reinstate the employee into service."

> **"The act of theft once proved, the question is mistrust by the employer; in such cases, it is uncalled for by way of sympathy to reinstate the staffer into service** –HC bench

The court determined, "The respondent having admitted in his explanation that the oil sachet was found from the pouch of his motor cycle and the CCTV footage clearly revealed the presence of the oil sachet and the respondent speeding away on the vehicle when the security guard had been to call on landline, the Labour Court ought to have held that the charges are proved and the respondent deserves punishment of dismissal."

Additionally, the HC noted, "When the material on record was sufficient to hold the respondent was guilty of charges, the punishment of dismissal for the misconduct cannot be said to be disproportionate, the Labour Court was not justified in substituting the order of dismissal to its own judgment, when it involved a serious case of theft, the nature of work which was entrusted to the respondent was a work of trust."

The court remarked that, the Labour Court could not have assumed that false charges are made in order to remove him from service, when there is no pleading or evidence whatsoever in this regard "either in explanation to the chargesheet or in the claim statement or in the evidence of the respondent." The petition was ultimately granted by the court.

Kumaraswamy to go to HC over FIR

Union minister HD Kumaraswamy, alongside his son Nikhil Kumaraswamy and associate Suresh Babu, have filed a petition in the Karnataka High Court requesting the dismissal of the FIR lodged against them by Bengaluru Police regarding alleged threats to a senior IPS officer.

The petitioners contend that the complaint filed by IPS officer M Chandrashekhar, who heads the Lokayukta Special Investigation Team (SIT), was filed with ill intent and political motivations.

According to their submission, Chandrashekhar, who is investigating Kumaraswamy in an alleged mining scam, levelled false accusations against the union minister and others because the SIT was unable to arrest Kumaraswamy, who had obtained anticipatory bail.

₹9+ lakh in traffic fines in 1-day drive

The traffic police launched a special drive on Tuesday, targeting specific violations. The operation, which ran from 11 am to 4 pm, resulted in the booking of several cases across multiple categories, with a total fine amount of ₹9,96,500 collected.

The violations targeted during this operation included No Entry, Against One Way, Triple Riding, No Parking, Wrong Parking, Footpath Parking, and Driving Without Helmet. As many as 471 cases for No Entry, resulting in a fine of ₹2,39,500; 352 cases for Against One Way, with a fine of ₹1,77,500; 60 cases for Triple Riding , amounting to ₹30,000; 178 cases for No Parking, totaling ₹90,000; 106 cases for Wrong Parking, collecting ₹53,000; 813 cases for Footpath Parking, which led to ₹53,000 in fines; and 1,980 cases for Driving Without Helmet,with a fine of ₹4,06,500. **–BMB**

Man found dead in car near TG Halli

A 30-year-old man was found dead in the back seat of his car near the Thippagondanahalli reservoir, with the police suspecting foul play. The victim, identified as Ravi Kumar, is believed to have been murdered due to his relationship with a married woman.

According to police officials, the accused allegedly killed the victim and left his body in the car, before fleeing the scene. The woman's husband, whose identity has not yet been revealed, is currently under suspicion. The investigation is ongoing. **–BMB**

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Inter-departmental collaboration must to curb child labour

CONTINUED FROM PAGE 1

and arrested the pair. The next day, the couple appeared before the Sankari sub-court magistrate and were remanded to judicial custody at Salem Central Prison. The authorities have informed the girl's parents, who reside in Jaipur, about their daughter's demise.

Nagasimha G Rao, Director of Child Rights Trust, told Bangalore Mirror that there are many cases of working couples bringing a minor along with them as a helper while they migrate to the city. "Prior to covid-19, citizens were aware of the issue and would often seek assistance from the Childline helpline for rescuing the child. However, the perception in which these children are viewed now has entirely changed. Society has begun to lean towards the belief that the children have been rescued from financial hardships and is actively shying away from recognising the grim reality of them being used for domestic work," he said.

Rao noted that in our present urban life, neighbours barely form connections with others in their locality. "Many times, the presence of these children goes unnoticed as they are not allowed to go out of their designated houses. They also have language barriers to communicate their problem to those who would likely take a step towards their rescue," he said, adding that it is a social obligation of citizens to report such instances if it is brought to their notice to either the Childline helpline 1098 or directly to the police at 112.

Rao added that the education department, especially the attendance authority, must mandatorily keep track of children who do not attend school beyond five days. "When the children who must have been enrolled in school stop going, we can easily begin to look into where they have been taken for employment or other purposes. This requires collaboration from all the departments, including the labour and police departments with the education department, which is lacking," he explained.

Geetha Menon from Domestic Workers' Rights Union (DWRU) said that many cases of minor domestic workers' murders are passed off as suicide. "There are many cases where the employers do not have any details of the workers – where they are from or information regarding their other family members to be contacted in case of emergency. The children are hired through agencies which often bring the children in by trafficking them. They do not have a support system," she said. Menon noted that a feudal mindset is still prevalent, making many believe they have the "right" to use children for labour. "With the employers' saviour mentality coupled with the lack of enforcement of laws that prohibit such practices, the need for awareness and strict action is required immediately," she explained.

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I, PARWEEN SULTANA ANWAR AHMED SYED W/o Syed Anwar Ahmed R/o Salam Apartment No 36 Flat No 22 Second Floor 1st Cross Lakshmi Layout Arekere Bangalore 560076.I have changed my name to SYEDA PARVEEN SULTANA SYED ANWAR AHMED vide affidavit dated: 01/11/2024 Before Notary B M Chandrashekar Bangalore.

I Jasvinder Singh Saini S/O, Charanjeet Singh Saini R/o Flat - 3065, Tower 3 , Prestige Park Square, Opposite Sherwood High School, Basavanpura Village , Begur Hobli, Bannerghatta Main Road, Basavanapura, Bengaluru - 560083 have changed my name to Jasvinder Singh.

I, PRATIMA VERMA SINGH W/o Tushar Maharaj Singh r/o Flat No 402 Saritha Opulence Near SGR Dental College Munnekollal Marathahalli Bengaluru 560037.I Have Changed My Name To PRATIMA VERMA Vide Affidavit Dated: 06/11/2024 Before Notary B M Chandrashekar Bangalore.

I Parveen Banu D/O, Mohammed Sherfudeen R/o #30 Urban City Layout Yerapanahalli Main Road Nadagowdagollahalli Doddagubbi Bangalore 562149 have changed my name to Parveen Banu Sherfudeen.

I Murali Muniyappa R/o No 123,1st main,Babasabarapalya Vaishnavi nagar, Mysore road, Kengeri, Bengaluru 560060 have changed my name to Murali Affidavit Dt.06/11/2024 notary Harisha G, B'luru

I Narasimhan Yk S/O, Y N Kumar R/o No 27, Mk Megacity, Beml Layout, Margondanhalli Main Road, K R Puram Bengaluru 560036, Karnataka, India have changed my name to Narasimha Yk.

I Sujata Kumari Dash W/O, Deviprasad Mahapatra R/o Flat No 301, 3rd Floor E Block ,g K Lakeview , Ananthapura Yelahanka Bengaluru - 560064 have changed my name to Sujata Mahapatra.

I Bipin Chandulal Sanghavi R/o 422, Sai Charita Green Oaks, Phase 2, Horamavu Main Road, Horamavu, Bangalore - 560043, have changed my name to Bipin Sanghavi. Both are same person.

I, Namitha.s J R/o N0-499,1st Cross,near Rohini Industries, Preethi Nagar,laggere, Bengaluru-560058 have changed my minor son's name from Mohith Hosahalli Gowda to Mohith Gowda.

I Kusum Mangilal D/O, Choudhary Mangilal R/o No 57/1 Subbanapalya Banaswadi Main Road Bangalore-560033 have changed my name to Kusum M.

I, Panchangam Shivakumar Shanmukha Suhas R/o #73,6th Main,1st Cross, Pramod Layout, Bangalore 560039 have changed my name to Shanmukha Suhas .

I, Khushbu Kumari. W/o Abhishek Kumar Singh, R/o B1-802, Ramky one north, Avalahalli, Bangalore 560064 have changed my name to Khushboo Kumari.

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GUJARAT RAJASTHAN* 12/25/16* DAYS:
Dec: 4, 9, 15*, 18, 27, 27*, Jan: 8, 13, 17* 22, 27, 31*
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Capsaicin, a component of chili peppers obtained from plants, aids in the treatment of colds and coughs

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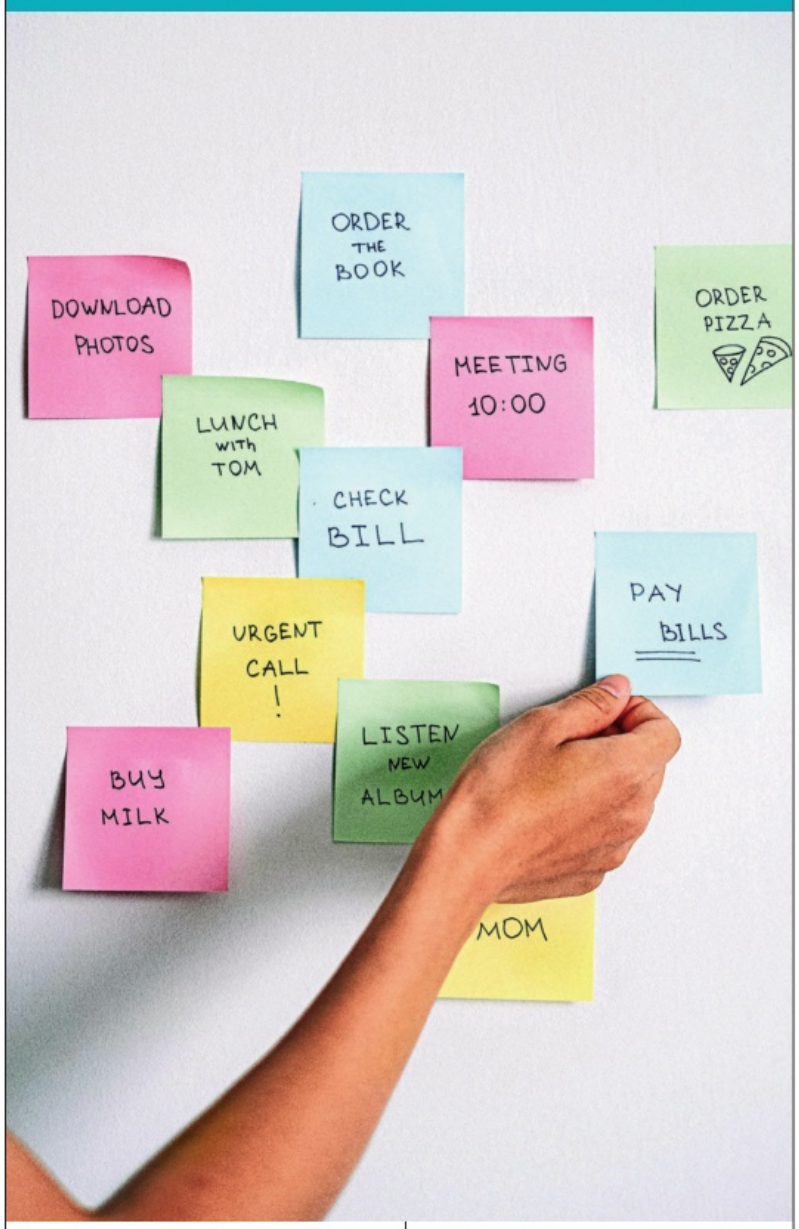
REMEMBER THIS...

Evolutionary benefits of being forgetful



Forgetting is part of our daily lives. You may walk into a room only to forget why you went in there – or perhaps someone says hi on the street and you can't remember their name.

But why do we forget things? Is it simply a sign of memory impairment, or are there benefits?

One of the earliest findings in this area highlighted that forgetting can occur simply because the average person's memories fade away. This comes from 19th century German psychologist Hermann Ebbinghaus, whose "forgetting curve" showed how most people forget the details of new information quite rapidly, but this tapers off over time. More recently, this has been replicated by neuroscientists.

The forgetting curve

Forgetting can also serve functional purposes, however. Our brains are bombarded with information constantly. If we were to remember every detail, it would become increasingly difficult to retain the important information.

One of the ways that we avoid this is by not paying sufficient attention in the first place. Nobel prize winner Eric Kandel, and a host of subsequent research, suggest that memories are formed when the connections (synapses) between the cells in the brain (the neurons) are strengthened.

Paying attention to something can strengthen those connections and sustain that memory. This same mechanism enables us to forget all the irrelevant details that we encounter each day.

So although people show increased signs of being distracted as they age, and memory-related disorders such as Alzheimer's disease are associated with attention impairments, we all need to be able to forget all the unimportant details in order to create memories.

Handling new information

Recalling a memory can sometimes also lead to it changing for the purposes of coping with new information. Suppose your daily commute involves driving the same route every day.

You probably have a strong memory for this route, with the underlying brain connections strengthened by each journey.

But suppose one Monday, one of your usual roads is closed, and there's a new route for the next three weeks. Your memory for the journey needs to be flexible enough to incorporate this new information. One way in which the brain does this is by weakening some of the memory connections, while strengthening new additional connections to remember the new route.

Clearly, an inability to update our memories would have significant negative consequences. Consider PTSD (post-traumatic stress disorder), where an inability to update or forget a traumatic memory means an individual is perpetually triggered by reminders in their environment.

From an evolutionary standpoint, forgetting old memories in response to new information is undoubtedly beneficial. Our hunter-gatherer ancestors might have repeatedly visited a safe water hole, only to one day discover a rival settlement, or a bear with newborn cubs there. Their brains had to be able to update the memory to label this location as no longer safe. Failure to do so would have been a threat to their survival.

> **Our brains are bombarded with information constantly. If we were to remember every detail, it would become increasingly difficult to retain the important information**

Reactivating memories

Sometimes, forgetting may not be due to memory loss, but to changes in our ability to access memories. Rodent research has demonstrated how forgotten memories can be remembered (or reactivated) by supporting the synaptic connections mentioned above.

Rodents were taught to associate something neutral (like a bell ringing) with something unpleasant (like a mild shock to the foot). After several repetitions, the rodents formed a "fear memory" where hearing the bell made them react as though they expected a shock. The researchers were able to isolate the neuronal connections which were activated by pairing the bell and the shock, in the part of the brain known as the amygdala.

They then wondered if artificially activating these neurons would make the rodents act as if they expected their foot to be shocked even if there was no bell and no shock. They did this using a technique called optogenetic stimulation, which involves using light and genetic engineering, and showed that it was indeed possible to activate (and subsequently inactivate) such memories.

One way that this might be relevant to humans is through a type of transient forgetting which might not be due to memory loss. Return to the earlier example where you see someone in the street and can't remember their name. Perhaps you believe you know the first letter, and you'll get the name in a moment. This is known as the tip-of-the-tongue phenomenon.

When this was originally studied by American psychologists Roger Brown and David McNeill in the 1960s, they reported that people's ability to identify aspects of the missing word was better than chance. This suggested that the information was not fully forgotten.

One theory is that the phenomenon occurs as a result of weakened connections in memory between the words and their meanings, reflecting difficulty in remembering the desired information.

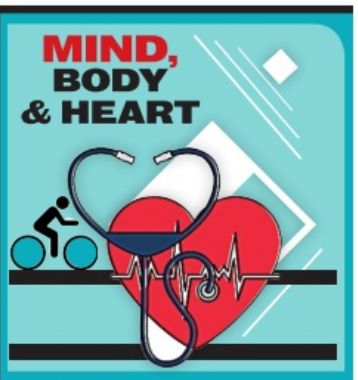
However, another possibility is that the phenomenon might serve as a signal to the individual that the information is not forgotten, only currently inaccessible.

This might explain why it occurs more frequently as people age and become more knowledgeable, meaning their brains have to sort through more information to remember something. The tip of the tongue phenomenon might be their brain's means of letting them know that the desired information is not forgotten, and that perseverance may lead to successful remembering.

In sum, we may forget information for a host of reasons. Because we weren't paying attention or because information decays over time. We may forget in order to update memories. And sometimes forgotten information is not permanently lost, but rather inaccessible. All these forms of forgetting help our brain to function efficiently, and have supported our survival over many generations.

This is certainly not to minimise the negative outcomes caused by people becoming very forgetful (for example, through Alzheimer's disease). Nonetheless, forgetting has its evolutionary advantages. We only hope that you've found this article sufficiently interesting that you won't forget its contents in a hurry.

(By Sven Vanneste and Elva Arulchelvan, Trinity College Dublin, The Conversation)



All you need to know about...

Gut microbe benefits

Managing stress
A study has uncovered how microbes in one's gut help manage stress by interacting with the body's circadian rhythms, or biological clock. Researchers from the University College Cork, Ireland, found that the trillions of microorganisms in the gut -- or the gut microbiome -- control the hormones produced in response to stress in a time-dependent manner.

Healthy gut
A healthy gut, thereby, helps in creating day-night rhythms in the production of stress hormones, whereas a reduced gut microbiome leads to a disrupted body clock and is related to altered rhythms in how stress hormones are produced, the team said. The findings, published in the journal Cell Metabolism, highlighted the importance of maintaining a healthy gut, they said.

Treatment for conditions
The study's results could also be looked into for developing treatments for mental conditions such as anxiety and depression, which are known to be linked to stress and often involve disrupted body clock and sleep cycles, the researchers said.

Important link
"Our research has revealed an important link between the gut (microbiome) and how the brain responds to stress in a time-specific way," lead researcher John Cryan, University College Cork, said. "The gut microbiome doesn't just regulate digestion and metabolism; it plays a critical role in how we react to stress, and this regulation follows a precise circadian rhythm," Cryan said.
The team found an "intricate relationship" between the gut microbes and three regions in the brain forming the HPA axis -- the hypothalamus, the pituitary gland and the adrenal gland. The HPA axis is the body's central stress response system.
Specific gut bacteria, including a Lactobacillus strain (Limosilactobacillus reuteri), were identified as "key influencers" of this body clock-related stress response. **PTI**

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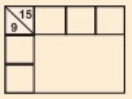
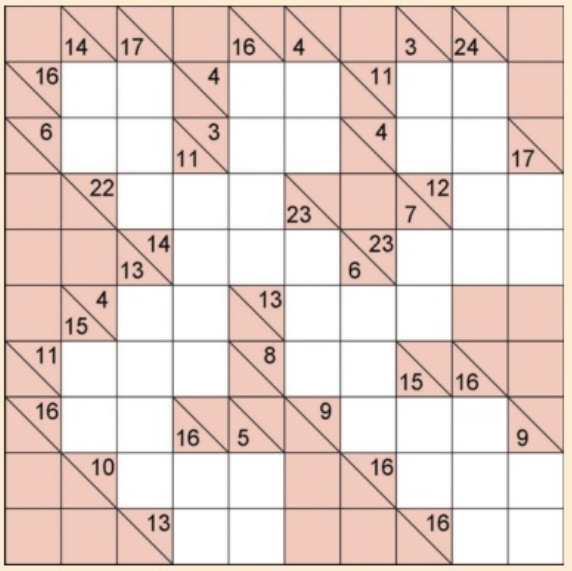
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

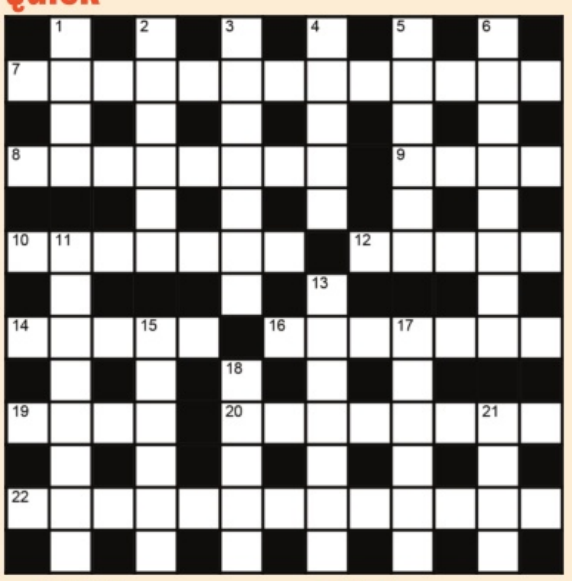


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Formal sanction (to proceed or act) (13)
8 Performing group (8)
9 The ceiling of our flat? (4)
10 Legal authority (7)
12 Synthetic fibre (5)
14 Mystery stories pioneer ___ Allan Poe (5)
16 Amitabh, Jaya and Pran starrer (7)
19 ___-a-brac: things of little value (4)
20 Excluded or prohibited the entry (8)
22 Means of disseminating opinions, etc.? (8,5)

DOWN

1 Destruction (4)
2 To protect (6)
3 Testimonial (7)
4 Off-center (5)
5 Ore sty anagram for part of a big house? (6)
6 Sound of constant pitch (8)
11 English paceman James _____ (8)
13 Bangalore's famed botanical gardens (7)
15 Climbing move (6)
17 Vernacular language; buzzwords (6)
18 Confess to (5)
21 Goes astray (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: V EQUALS G

VGULWQ YLU'S YUBSOLUV DKFG SOYU GAGVYUS MKDDKU QGUQG.

Linemaro

I don't normally come up to people like this, but I couldn't resist

Mindchow

What is not started today is never finished tomorrow

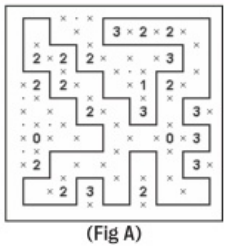
Joke of the day

How do crazy people go through the forest? They take the psycho path

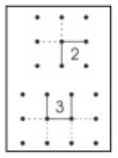
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

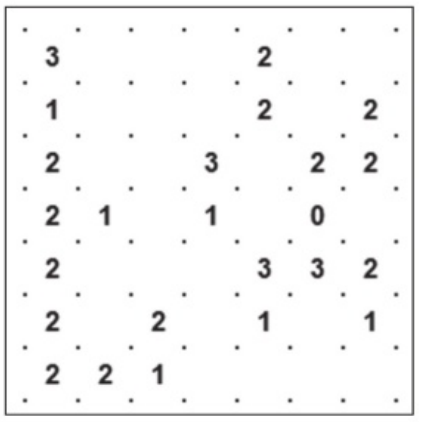


(Fig B) Not Allowed

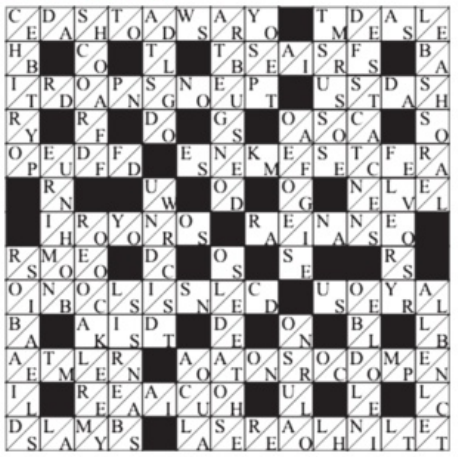
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



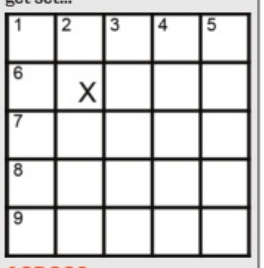
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

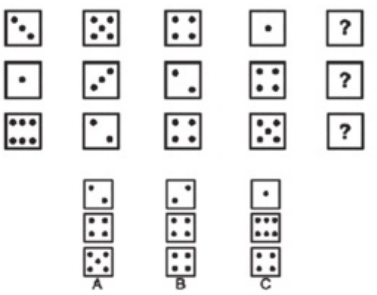
1 Appal; 6 Axle l;
7 Taint; 8 It nor;
9 Sam go

DOWN

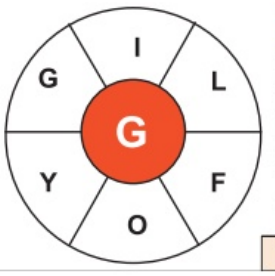
1 At poi; 2 Gin Ax;
3 Pat it; 4 Malar;
5 Noels

Mensapuzzle

Below are 12 normal playing dice arranged in a logical order. Which choice fits best?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

SudokuChallenge

	7	5				9	2	
2		9				3		5
	1			9			4	
6			3		4			8
			5		7			
5			1		9			6
	2			4			8	
7		8				2		4
	5	4				6	7	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 11

4 5 7 9

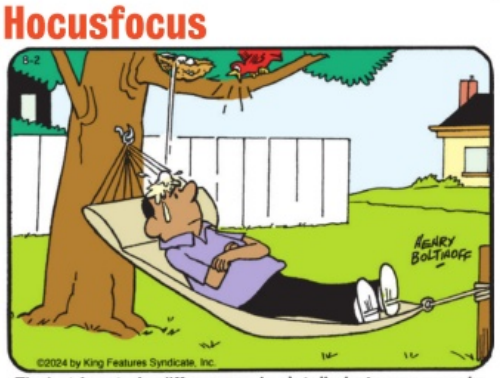
Medium = 6

2 3 3 4

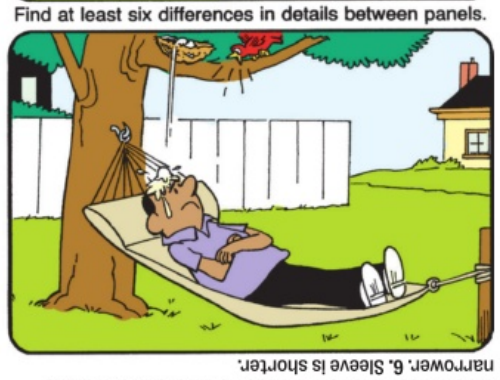
Hard = 38

3 5 6 4

Hocusfocus



Find at least six differences in details between panels.



Differences: 1. Tree has more leaves. 2. Window is different. 3. Hammock is lower. 4. Mouth is different. 5. Trunk is narrower. 6. Sleeve is shorter.

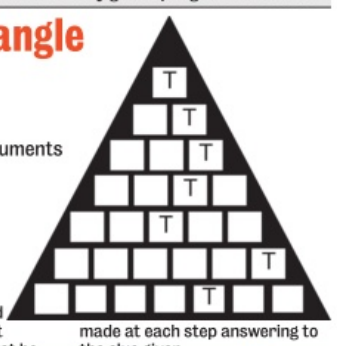
Riddler

There are five people. One of them shot and killed one of the other five. Which man is the murderer?

1. Dan ran in the NY City marathon yesterday with one of the innocent men. 2. Mike considered being a farmer before he moved to the city. 3. Jeff is a topnotch computer consultant and wants to install Ben's new computer next week. 4. The murderer had his leg amputated last month. 5. Ben met Jack for the first time six months ago. 6. Jack has been in seclusion since the crime. 7. Dan used to drink heavily. 8. Ben and Jeff built their last computers together. 9. The murderer is Jack's brother. They grew up together in Seattle.

Alpha triangle

1 Tonne, abbr.
2 tu Brute ...
3 Collection
4 Permits
5 Old stringed instruments
6 Outcome
7 Become nervous



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

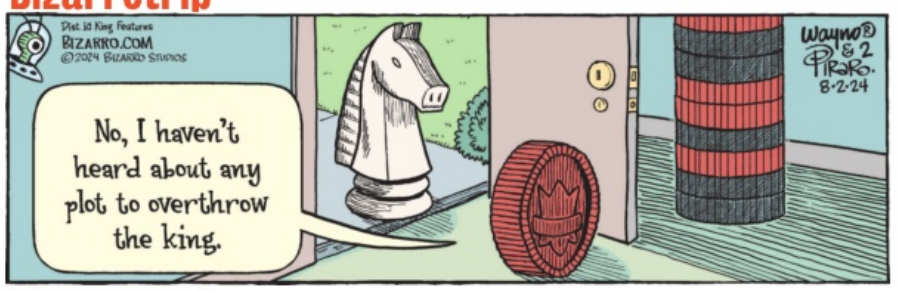
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye

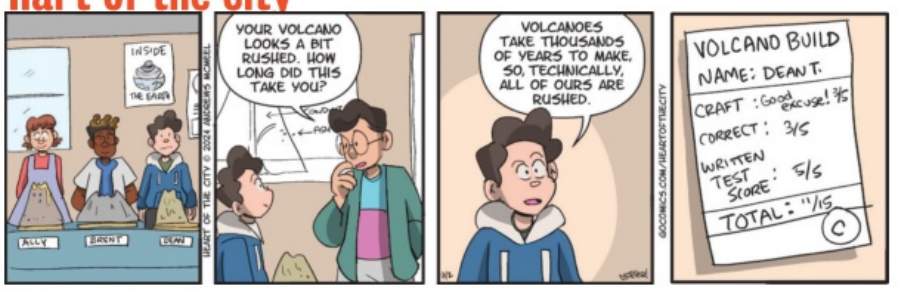
GET THAT GOAT OUT OF ME HOUSE!
I CAN'T! I HAVE TO KEEP HER!
BA!
KICK THAT PEASANT OUT OF MY PALACE!!
BLOW ME DOWN!?! WHAT HAS GOT INTO ME SWEET PAPPY?
popeye.com

Bizarrotrip


Dist. by King Features
BIZARRO.COM
©2024 BIZARRO STUDIOS
Wayno & Piraro 8-2-24
No, I haven't heard about any plot to overthrow the king.

Diamond Lil

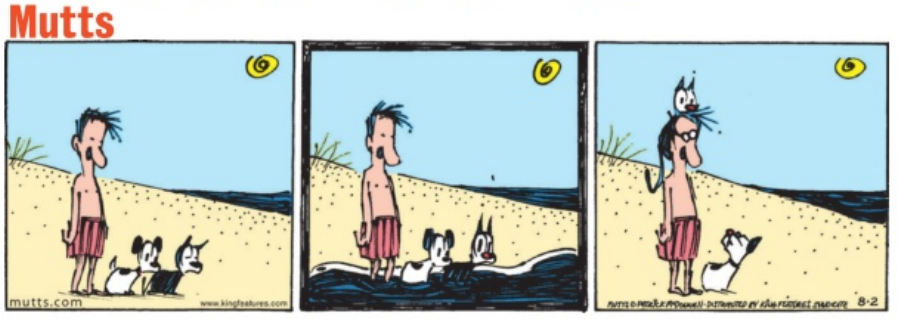
Hart of the city



Crankshaft

THE AMOUNT OF SMOKE FROM THIS GRILL SEEMS TO DEFY THE LAWS OF PHYSICS!
WHAT EXACTLY ARE YOU BURNING FOR A FUEL?
JUST SOME BROWNIES THAT MY BUS GARAGE MANAGER MADE... AND SOME CUT-UP OLD TIRES...
ALTHOUGH IT'S HARD TO TELL WHICH IS WHICH!
8-2
BATIUK & DAVIS

Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may feel surrounded by negative vibrations, which could make you unhappy. It's advised to avoid investments in worthless assets. Friends may not be as supportive today, so try not to expect too much from them. Always trust your intuition when making important decisions.

Taurus Apr 21 – May 20
Today, you may successfully implement business plans with support from your subordinates. Social or family gatherings may boost your network. Short business-related travel could bring benefits in the near future.

Gemini May 21 – Jun 21
Today is a good day for your finances. You may benefit from past investments and have better control over unnecessary spending; this might help increase your savings. Lovebirds are advised to keep conversations polite to avoid any conflicts.

Cancer Jun 22 – July 23
Today, you might be busy with issues related to siblings and relatives. You may also consider starting a new venture with the support of your family and network. This could result in a profitable order that grows your family business, with your network helping you achieve your goals.

Leo Jul 24 – Aug 23
Today, due to possible sleeplessness, you may feel low on energy; this could in turn affect your productivity. It's best to postpone investments, as you could face conspiracy or rivalry. Lovebirds should keep patience to avoid unnecessary arguments.

Virgo Aug 24 – Sep 23
Today, you may be blessed by the moon. You may get a big order through overseas contacts. Although you may experience some anxiety, you'll be able to control it. Students may go deeper into their studies and have good focus. Investors should consider long-term investments for future gains.

Libra Sep 24 – Oct 22
Today, work may keep you busy. You might face challenges in completing tasks, which could be upsetting, but blessings from elders and mentors will help you through. Mental tiredness may impact your family time, but siblings could step in to maintain harmony at home.

Scorpio Oct 23 – Nov 22
Today, things are back under control, and recent challenges may ease. You may feel calm, focused on your goals, and enjoy your work. Disputes in partnerships and property litigation might get resolved now. There may be domestic harmony with some romantic moments with loved ones.

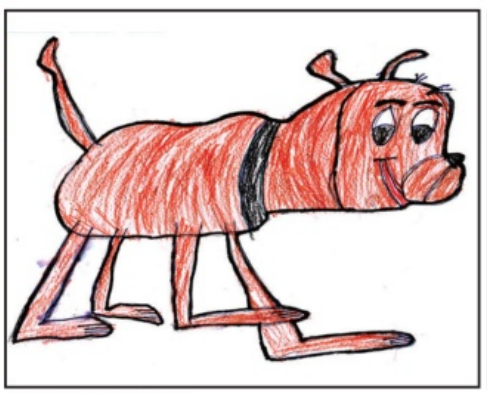
Sagittarius Nov 23 – Dec 22
Today may be challenging, with negative thoughts or impatience affecting you. Arrogance might prevent you from making tough decisions, making you feel stuck. You may seek blessings from elders for guidance. It is advised to avoid investments in unproductive assets. Lovebirds should steer clear of trivial discussions.

Capricorn Dec 23 – Jan 20
Today, the moon brings blessings, and you may hear good news in work or business. Your domestic life could be filled with joy, but avoid engaging in unnecessary arguments. While overexcitement might test your patience, you may make important asset investments. Students should focus on their studies.

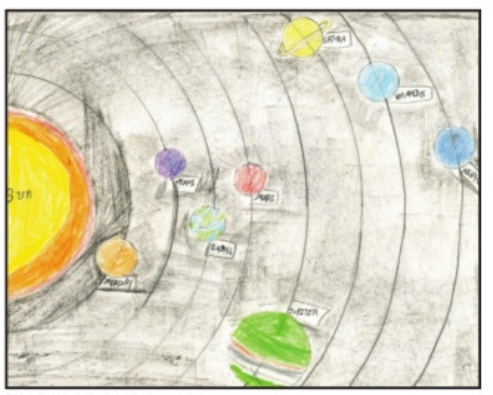
Aquarius Jan 21 – Feb 19
Today is favourable for work. Your performance at work may earn you additional responsibilities, possibly leading to promotions. Rivals and opponents are under control now. You may also consider investments for your children's future or take steps to build assets.

Pisces Feb 20 – Mar 20
Today, you may feel dull, which could lead to laziness and a lack of focus. Health issues in kids or a spouse might make you anxious. It is advised to avoid investments in assets. Lovebirds should refrain from arguments in family matters.

KIDZONE



Madhav Shenoy, Bengaluru



Shashank Athalya S, Bengaluru

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

RIDDLER 1. Jack is not the murderer; because he is the brother of the murderer. 2. Dan can't be the murderer since he ran a marathon, and the murderer recently had his leg amputated, and wouldn't be running a marathon of any magnitude that quickly. 3. Ben is not the murderer if he just met Jack, since Jack and the murderer grew up together. 4. This leaves Jeff and Mike. Since Jeff is still alive (he wants to install a new computer next week, present tense) he must be the murderer. Mike also didn't grow up with Jack. It has been determined that Jack, Dan and Jeff are all alive. Ben must also be alive since Jeff plans to install Ben's computer next week. This means that Jeff killed Mike.

SOLVE IN 1M $(\sqrt{18}\times 8)+(\sqrt{12}\times 27)$
$= \sqrt{144} + \sqrt{324} = 12 + 18 = 30$

FAST FIVE

P	A	P	A	L
A	X	I	L	E
T	I	T	A	N
I	N	T	R	O
O	G	A	M	S

STRIKE OUT

C	A	S	T	A	W	A	Y		T	E	A	L		
H		C		L		B	E	A	R	S		A		
I	R	O	N	S		O	U	T		U	T	A	H	
R		F		O		S		A	S	A		O		
P	U	F	F		S	E	M	E	S	T	E	R		
	N		U		D		G			E	V	E		
M	A	N	D	A	T	E		N	Y	L	O	N		
		L			W			E		T				
E	N	S	E	M	B	L	E		R	O	O	F		
I		I		I		K		O		N				
A	U	T	H	O	R	I	S	A	T	I	O	N		
	N		T		H		N		S					
S	O	U	N	D	I	N	G	B	O	A	R	D		
S		E		M		A		G		R				
B	R	I	C		D	E	B	A	R	R	E	D		
E		S		A		L		A						
E	D	G	A	R		Z	A	N	J	E	E	R		
	N			E		L			N					
I	R	O	N	S		R	I	N	S	E				
R	O	O		D		S		S		R				
I	N	C	L	I	N	E	D		S	O	V	A		
B	R	I	D		E		O		B		B			
A	M	E	N		O	T	O	S		C	O	P	E	
L		R	E	A	C	H		L		L		L		
D	A	V	S		A	E	R	O	L	I	T	E		

QUICK

C	A	S	T	A	W	A	Y		T	E	A	L		
H		C		L		B	E	A	R	S		A		
I	R	O	N	S	O	U	T		U	T	A	H		
R		F		O		S		A	S	A		O		
P	U	F	F		S	E	M	E	S	T	E	R		
	N		U		D		G			E	V	E		
M	A	N	D	A	T	E		N	Y	L	O	N		
		L			W			E		T				
E	N	S	E	M	B	L	E		R	O	O	F		
I		I		I		K		O		N				
A	U	T	H	O	R	I	S	A	T	I	O	N		
	N		T		H		N		S					
S	O	U	N	D	I	N	G	B	O	A	R	D		
S		E		M		A		G		R				
B	R	I	C		D	E	B	A	R	R	E	D		
E		S		A		L		A						
E	D	G	A	R		Z	A	N	J	E	E	R		
	N			E		L			N					
I	R	O	N	S		R	I	N	S	E				
R	O	O		D		S		S		R				
I	N	C	L	I	N	E	D		S	O	V	A		
B	R	I	D		E		O		B		B			
A	M	E	N		O	T	O	S		C	O	P	E	
L		R	E	A	C	H		L		L		L		
D	A	V	S		A	E	R	O	L	I	T	E		

MENSA PUZZLE B is the correct choice. In each vertical row of 3, the dots total 10.

SUDOKU

4	7	5	6	3	8	9	2	1
2	8	9	4	7	1	3	6	5
3	1	6	2	9	5	8	4	7
6	9	7	3	2	4	1	5	8
5	4	2	1	8	9	7	3	6
8	3	1	5	6	7	4	9	2
7	6	8	9	5	3	2	1	4
1	2	3	7	4	6	5	8	9
9	5	4	8	1	2	6	7	3

QUOTE UNCODE Genius ain't anything more than elegant common sense.

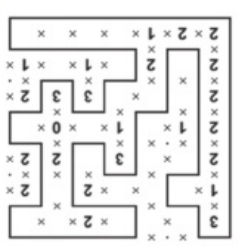
BULL'S EYE flog, FOGGILY, foggy, golf

ALPHA TRIANGLE

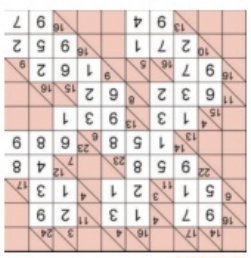
				T					
				E					
				T					
				S					
			L	E	T				
			E		S				
		R		S		U			
	E		S		L		T		
R		S		T		A		S	

GO FIGURE
Easy
4 + 5 − 7 + 9 = 11
Medium
2 x 3 / 3 + 4 = 6
Hard
5 + 3 x 4 + 6 = 38

LOOP



KAKURO



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Good hair day — Karisma Kapoor took to social media to share a series of stunning selfies, flaunting her gorgeous hair. On Wednesday, she posted morning selfies on her Instagram handle, captioning them, "What is the intention?"

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Prize ticket

The team of Aaram Aravinda Swamy has come out with a unique plan to ensure the movie reaches out to as many moviegoers at an affordable price.

The team has launched a programme to sell each ticket of the movie at Rs 99.

The movie is scheduled to hit screens on November 22.

"We have launched the sale of tickets on Tuesday. We have already sold around 120 tickets. We want to sell the tickets to celebrities as well as common people. We have decided to fix the ticket price at Rs 99. The tickets will be sold at Rs 99 for three of the first week. We have been trying to sell as many tickets as possible," said Prashanth Reddy, one of the producers of the movie.

Director Abhishek Shetty told Bangalore Mirror the movie is made in a different style. "We gave importance to the content of the movie. I am sure that the audiences will understand the uniqueness of it while watching this movie at theatres. It does not belong to a particular genre. I am sure audiences will support this movie," said Shetty.

The director said the song of the movie - Hudukutha Hode - has received more than two million views from music lovers.

"I am very happy with the success of the song. I expect more and more music lovers to watch the song," the director said.

After brief hiatus

Ragini Prajwal, the better half of actor Prajwal Devaraj, is making a comeback in Sandalwood with Shanbogara Magalu (Daughter of Shanbogh) after a hiatus of more than three years. Ragini's previous movie Inspector Vikram was released in February 2021.

"I play Sharavathi, the daughter of Shanbogh in the movie. I am acting after a gap of more than three years. I am basically a classical dancer. I have dubbed in my own voice for the movie. I did the emotional scenes without using glycerine. I have given it all my commitment and dedication," said Ragini.

The movie's trailer and title song were released at Renukamba Preview Theater on Sunday. Karnataka Film Chamber of Commerce president NM Suresh and veteran character actor Ramesh Bhat released the trailer. Kodlu Ramakrishna has directed the movie based on a novel with the same title - Shanbogara Magalu- written by Bhagya Krishnamurthy. The movie is bankrolled by CM Narayan under the Bhuvan Films banner. The movie has received a UA certificate from and is expected to arrive in theatres shortly. The movie was shot in Mysuru, Srirangapatna, Melukote, Channapatna, and in and around Chikkaballapur.

Talking cinema

Shruti reveals dinner table chats with dad Kamal Haasan

Actress Shruti Haasan says she hates to admit her dinner conversations with father and veteran star Kamal Haasan revolve around cinema.

Talking about coming from a family full of superstars and her dinner table conversation at home, Shruti told IANS: "Yes, I hate to admit dinner conversations with dad usually revolve around cinema only but eventually we get to other topics."

Shruti is the daughter of Kamal Haasan and actress Sarika Thakur. Her parents got married when she was one and got divorced in 2004. The 38-year-old actress has a younger sister Akshara Haasan, who is also an actress.

Talking about her professional life, Shruti, who had her first appearance in a feature film as a child artist in a cameo role as the daughter of Vallabhbhai Patel in the Tamil-Hindi bilingual "Hey Ram", based on a murder attempt on Mahatma Gandhi, was last seen in "Salaar: Part 1 – Ceasefire."

"Salaar: Part 1 – Ceasefire", a Telugu-language epic action thriller film directed by Prashanth Neel. The film stars Prabhas, Prithviraj Sukumaran, Jagapathi Babu, Bobby Simha and Sriya Reddy.

She will soon be seen sharing screen space with Rajinikanth in "Coolie" and had previously told IANS that she was nervous to work with the superstar in the Tamil action thriller film.

"I was nervous to work with Rajini sir I'm not going to lie but he puts everyone at ease with his demeanour and I've had the best time working with sir, it's a great learning for me."

Kamal Haasan has worked with Rajinikanth in over 20 films. Shruti shared that it is "lovely to hear about their history and friendship through the years".

"And it's like a lesson in what cinema was and how it is and how these two great legends have managed to still stay at the top of their game whilst being so human at the same time."

—IANS

Voice outing

Bollywood's beloved superstar Shah Rukh Khan, who recently celebrated his 59th birthday in Mumbai, is back at work after an eventful month of festivities.

The actor was spotted at a dubbing studio in Mumbai, where he was accompanied by his son, Aryan Khan, sparking excitement among fans about an upcoming, highly anticipated project.

Meanwhile, it was earlier announced that the father-son duo will lend their voices for Disney's 'Mufasa: The Lion King', an upcoming prequel to the classic 1994 animated film 'The Lion King'.

The film, which is set to hit Indian theatres on December 20, promises to bring a fresh chapter to the legendary Lion King saga with a stunning blend of photorealistic CGI and live-action techniques.

Shah Rukh Khan has been roped in to voice the iconic character of Mufasa, while his eldest son, Aryan Khan, will take on the role of Simba. Adding a touch of family charm, Shah Rukh's youngest son, AbRam Khan, will also feature in the film, voicing the young Mufasa.

In a statement shared by Disney, Shah Rukh Khan spoke about the personal connection he feels to his character, Mufasa. "Mufasa has an incredible legacy and stands as the ultimate king of the jungle, imparting his wisdom to his son, Simba. I deeply relate to him as a father and also resonate with Mufasa's journey in the film," said Khan, whose voice is set to bring the character's authority to life again.—ANI

Birthday wishes to little one

As Alia Bhatt and Ranbir Kapoor's daughter turns two on November 6, her grandmother Neetu Kapoor shared a special birthday wish for her "pyaar".

Taking to her Instagram handle, Neetu posted an adorable picture of her cute granddaughter with Ranbir and Alia. She was seen sitting between her parents, and Ranbir kissed her.

She wrote in her birthday wish, "Our pyaar s birthday.. god bless.."

Ranbir's sister, Riddhima Kapoor Sahni also wished Raha on her birthday. She shared a picture with her and captioned it, "Happy happiest birthday my cutie pie...We love you so much"

Alia Bhatt and Ranbir Kapoor tied the knot in April 2022, after several years of dating.Their daughter, Raha was born in November 2022. On Christmas 2023, Ranbir and Alia surprised fans by making their first public appearance with their little one.

Meanwhile, Ranbir and Alia are set to appear together in Sanjay Leela Bhansali's upcoming film, Love and War, which also stars Vicky Kaushal.

Love and War will be the first collaboration of Ranbir Kapoor and Sanjay Leela Bhansali after the actor's 2007 debut Saawariya. 'Love and War' is expected to go on floors in the coming months.

—ANI